

# IONIC FOOT SPA BENEFITS

As part of the Natural Health Clinic wellness program we offer ionic detox foot spa therapy. Many people would like to try the therapy but, before investing time and money, they have questions. Here is some information.

## What are the benefits of ionic detox foot spa?

-  Anti-aging
-  Weight loss
-  Blood sugar issues
-  Joint improvement
-  Breathing problems
-  Improves circulation
-  Relieves headaches and migraines
-  Cellular cleansing with full-body purge



2001 West Kenosha Street  
Broken Arrow OK 74012  
Herbpower21.com  
1-800-798-HERB

Call to make an appointment today!

## Who can benefit from ionic detox foot spa?

This is a safe therapy for anyone over the age of 10 years, except for those who wear a pacemaker or have seizures. This is suggested therapy for people who have accumulated many stored toxins and are not able to get rid of them efficiently due to overworked liver, spleen, and kidney functions. This is especially recommended therapy for those who take a lot of medications. The ionic detox foot spa does not eliminate nutrients from the body.

## IONIC FOOT SPA IMPROVES BLOOD AFTER JUST 30 MINUTES!!!

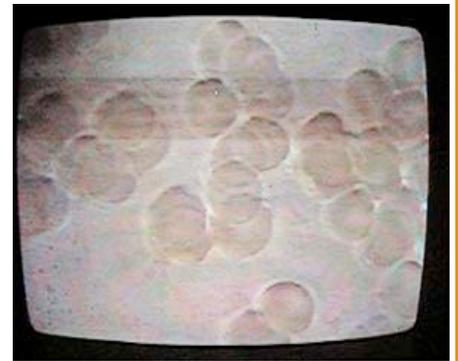
Darkfield studies have shown the machine improves oxygen levels. The following live blood cell analysis pictures on the left are photos of the blood before a 30 minute ionic foot spa. Amazingly, the photo on the right is the same blood 30 minutes later.



IT IS DETOX TIME



BEFORE



AFTER

Before utilizing the ionic foot spa, the blood was sticky, dark and clumped together; blood plasma could hardly be seen. But afterwards, a significant improvement could be seen. The red blood cells were rounder, energetic and more full of life. The technician said, "I don't think I could ask for better test results." She was very impressed as we all were.

Reporter: Dr. Trubey, Natural Medicine, Capital University of Integrative Medicine

By: Linda J Williams, RNC, 19 May 2001

These statements have not been evaluated by the Food and Drug Administration. This service is not intended to diagnose, cure or prevent any disease.

# IONIC FOOT SPA BENEFITS

## What is an ionic detox foot spa?

An ionic detox foot spa is a natural method of assisting the body in eliminating harmful toxins, heavy metals, and other harmful foreign matter. It is suggested that you begin with a minimum of 4 sessions over a 3-4 week period to maximize detoxification. The Natural Health Clinic is a healing place that offers detox foot spa series packages.

## What can I expect after a detox foot spa session?

Most people will feel relaxed, balanced, and focused. There is usually no pain. People who suffer from excessive toxicity may experience some discomfort as their bodies release toxins from the tissues for elimination. After a detox foot spa, clients are encouraged to drink plenty of water to assist with making elimination easier and more comfortable.

## What is a detox foot spa session like?

During a session the client sits in a comfortable chair. Most individuals find the experience VERY relaxing and it is not unusual for the client to fall asleep. The session takes about 30–40 minutes. Some people may experience a slight tickling or tingling sensation from the ionic detox foot spa.

## How does an ionic detox foot spa work?

Electrical current passes through a set of plates in a module that is immersed in the water inside the foot spa tub. The foot spa water contains a special sea salt so that it has the mineral concentration of water from the ocean. While the client's feet are in the water, positive and negative ions are emitted by the foot bath system. This re-energizes the body and the red blood cells. It eliminates toxins that are stored in fat, kidneys, liver, bowels, and skin. The foot bath also triggers the body's lymphatic system, which helps with continuing detoxification for up to 24 to 48 hours after a session.

## How does an ionic detox foot spa balance molecules?

The major health objective is to have healthy cell molecules. There must be a balance of positive and negative ions in cells and molecules. If the atoms or molecules lose electrons, the atoms and molecules become positively-charged ions. If they gain electrons, they become negatively-charged ions. The ionic technique of cleansing through the feet provides a full-body purge of all vital organs. This can alleviate menopause symptoms, menstrual cramps, sexual health problems, skin problems, acne, sleep problems, restlessness, stress, toothaches, wrinkles, aches and pains, and yeast infections. The internal cleansing can also contribute to faster disease healing and injury recovery. Due to a busy and stressful lifestyle, many people do not eat a balanced diet. They may end up storing excessive quantities of toxins and waste products in their bodies. During a detoxifying foot bath session, ions from the module enter the body and begin to neutralize tissue acid wastes. This process is called reverse osmosis.

## About the practitioner

It's your destiny to be free from sickness and disease! I help the body heal with natural detoxification, with raw foods, and healing of the soul. God wants you well and whole and I can show you how to reach your health destiny! It's our right to be healed!

## Danen Doneske--Natural Health Consultant

- Studied health and nutrition for 21 years
- Eliminated 12-year hypoglycemic condition
- Eliminated severe acne and skin conditions
- Reversed tooth decay
- Improved vision and eliminated astigmatism in right eye
- Lived as raw foodist 4 years--"DoubleDRaw" on social media
- Prayer & healing minister at Knowledge and Healing Ministries

[www.knowledgeandhealingministries.org](http://www.knowledgeandhealingministries.org)



CONTACT US TO SCHEDULE APPT  
(918) 258-6600

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