

For Women Only
Is For Women of
All Stages and Ages
[Click To Show Label](#)



[Click To
Order For
Women Only](#)

For Women Only



What is PMS?

Premenstrual Syndrome is often a disabling condition consisting of an array of symptoms that usually develop during the 7-14 days prior to menses.

Typical symptoms include:

- Decreased Energy
- Breast Tenderness
- Headache
- Backache
- Abdominal Bloating
- Fluid Retention
- Cramps
- Acne
- Depression
- Insomnia
- Irritability
- Tension

What is Menopause?

Menopause is defined as the termination of menstrual periods. It can occur naturally or can be caused surgically by a hysterectomy. Menopause usually occurs between 40 and 50 years of age. It is an indication that the body is no longer able to safely become pregnant.

When menstruation ceases and menopause begins, a woman may experience a variety of symptoms. The most common is "hot flashes." These are brief episodes of sweating that can be quite severe. A hot flash at night can cause bed sheets to become soaked with sweat in a few minutes.

Other Symptoms of Menopause

- Vaginal Dryness
- Weight Gain
- Headaches
- Dry Skin
- Increased Irritability
- Low Sex Drive
- Mood Swings
- Depression
- Loss of Concentration
- Sleeplessness
- Tiredness
- Hair Loss

The use of synthetic medications, vitamins, pain relievers or inorganic minerals does not resolve the symptoms of either PMS or Menopause. But through the centuries of time, the pharmacy of nature—HERBS—has enabled the body to heal itself naturally. Herbs will feed, balance and cleanse the body, thus restoring wellness. Feed your body with life-giving nutrients and activate its own self-healing and regulating process by using our specially formulated For Women Only.

Natural Ingredients in For Women Only

Black Cohosh Root Powder

Contains plant-based estrogen—the female hormone. Gives nutritional support to reduce hot flashes, to contract the uterus, and increase menstrual flow when sluggish. Is considered a tonic for the central nervous system and can stimulate the secretions of the liver, kidneys, and lymph. Also has ability to neutralize poisons in the blood system, equalizing circulation.

Dong Quai Root Powder

Called the queen of all female herbs. Gives nutritional support to nourish brain cells and lubricates the intestines. Can be effective against almost every type of complaint of the female system. Plus, it possesses constituents for nourishing female glands and helps strengthen organs and muscles. Also helps rebuild blood and loosen tight muscles.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure or prevent any disease.

Rhodiola Rosea Powder

Improves resistance to physical stress. Improves memory and cognitive performance. Also enhances peptide activity in the brain, reducing pain and making women feel good!

Squaw Vine

Gives nutritional support to help strengthen the uterus. Called a uterine tonic relieving uterus and ovary congestion. Contains antiseptic properties, which can be ideal for vaginal infections.

Alfalfa Leaf Powder

Gives nutritional support, helping assimilate protein, calcium and other nutrients. Contains chlorophyll—an excellent body cleanser, infection fighter, and natural deodorizer. Is the richest source of trace minerals. Helps eliminate bloating and can relieve urinary and bowel problems.

Damiana Leaf Powder

Gives nutritional support to balance the hormonal system and used for female disorders. Is one of the most popular and safest plants claimed to restore natural sexual capacities and functions. Helps to strengthen the female egg.

Licorice Root Powder

Good plant-based source of the female hormone estrogen. Gives nutritional support to stimulate the adrenal glands to help combat stress. Helps purge the body, through the lungs, of excess fluid and decreases inflammation of the intestinal tract.

Blessed Thistle Root Powder

Gives nutritional support to help relieve cramps and other female problems, as well as assisting in hormone balancing. Long known as a digestive and general tonic. Is useful for headaches in menopausal problems. Strengthens memory by bringing oxygen to the brain.

Maca Root Powder

Increases energy and stamina. Good for anemia, fertility, menopausal and menstrual problems.

Myrrh Gum Powder

Good cleansing and healing agent to stomach and colon. Can supply vitality and strength to the digestive system and help elimination of bodily wastes.

Sarsaparilla Root Powder

Gives nutritional support and is a valuable herb used in glandular balance. Can help increase metabolic rate. Contains the natural, plant-based female hormone progesterone. Increases circulation to rheumatic joints and stimulates breathing in congestion problems.

Uva Ursi Leaf Powder

Gives nutritional support to strengthen and tone urinary passages. Beneficial for bladder and kidney infections. Best known as the diabetes remedy for excessive blood sugar. Known to help reduce female hemorrhaging.

Butcher's Broom Leaf Powder

Has strengthening effects on blood vessel walls and improves circulation, helping prevent headaches, menstrual problems, hardening of the arteries, thrombosis, and varicose veins.

Horse Chestnut

High in anti-oxidant and astringent activity against wrinkles. High in aescin, which helps strengthen capillary cells to reduce fluid leakage, helping with hemorrhoids and varicose veins.