

One of the most advanced supplements on the planet.

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**NHC**  
NATURAL  
HEALTH  
CLINIC

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Herb®  
Power 21

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**Herb Power 21 has all known vitamins, 30 essential minerals, amino acids and natural proteins!**

Vitamin A	Vitamin P	Silicon	Copper	Bismuth
Vitamin B	Vitamin S	Phosphorus	Tin	Gallium
B-Complex	Amino Acids	Potassium	Gold	Sirconium
Vitamin C	Pantothenic Acid	Magnesium	Barium	Selenium
Vitamin D	PABA	Manganese	Boron	Chromium
Vitamin E	Natural Protein	Silver	Lithium	Niacin
Vitamin F	Biotin	Sodium	Nickel	Strontium
Vitamin G	Iron	Iodine	Titanium	Zirconium
Vitamin K	Calcium	Sulphur	Vanadium	Zinc

Herb Power 21 renders a complex wave of high energy by feeding 100% whole food nutrients to every organ and system in the body, providing completely bio-available multivitamin and mineral support. The herbs work synergistically together to cleanse, balance and nourish the body with life giving nutrients in the correct natural proportions.

### ***Spearmint Leaf Powder***

- Digestive aid - antispasmodic effect (also good for menstrual cramps)
- Natural anesthetic
- Decongestant - helps relieve nasal, sinus, and chest congestion
- Infection fighter

### ***Barley Grass Juice Powder***

- Pulls heavy metals from tissue
- Helps regulate heart beat
- Blood builder and purifier

### ***Kelp Powder***

- Heart health - helps reduce cholesterol and blood pressure
- Radiation protection - helps prevent absorption of heavy metals
- Infection fighter - interferes with growth of some bacteria and fungi
- Glandular health - helps balance the thyroid and regulate metabolism

### ***Sarsaparilla Root Powder***

- Glandular balance - increases metabolic rate
- Joint aches - relieves swelling and soreness of arthritis and rheumatism
- High blood pressure - diuretic effect

### ***Chickweed Herb Powder***

- Strengthens stomach and bowels
- Helps dissolve plaque and fat from blood vessels
- Appetite depressant
- Effective anti-cancer
- Blood purifier

### ***Dandelion Root Powder***

- Premenstrual Syndrome (PMS) and high blood pressure - diuretic effect
- Cancer prevention - contains antioxidants
- Yeast infections - inhibits growth of Candida albicans
- Digestive aid- stimulates flow of bile which helps digest fats
- Regulates water balance and heart rhythms

### ***Nettle Leaf Powder***

- Women's health - menstrual, vaginal infections relieve bloated feeling
- Helps reduce high blood pressure and lower blood sugar
- Hay Fever - provides relief from stuffy nose and watery eyes

### ***Mullein Leaf Powder***

- Cough remedy - has soothing action on the throat
- Hemorrhoids - has anti-inflammatory properties
- Diarrhea and stomach cramps - has an antispasmodic effect

### ***Açai Berry Powder***

- A Superfood having highest antioxidant value
- An amazing essential amino acid complex
- Boosts immune and metabolic function
- 42 nutrients found only in Acai Berry
- Improves sexual performance

### ***Devil's Claw Root Powder***

- Diabetes - said to have healing properties
- Joints - promotes joint flexibility and helps to reduce arthritis pain

### ***Pau D'Arco Root Powder***

- Aids in assimilation of nutrients and elimination of wastes
- Helps fight parasitic infections
- Helps lower blood sugar levels
- Helps fight fungal infections
- Promotes good digestion

### ***Black Walnut Hull Powder***

- Kills parasites in the bloodstream
- Helps repair dental enamel
- Anti-tumor effect

### ***Papaya Leaf***

- Used for expelling worms, hemorrhoids
- Breaks down and metabolizes protein
- Effective in relieving allergies

### ***Ashwagandha Root Powder***

- Body and mind energy boost
- Helps with insomnia
- Anti-anxiety

### ***Cascara Sagrada Bark Powder***

- Constipation - helps restore natural bowel tone

### ***Fenugreek Seed Powder***

- Good expectorant - eliminates congestion
- Helps lower blood sugar levels
- Helps reduce inflammation

### ***Echinacea purpurea Herb Powder***

- Helps fight off colds and flu - natural antibiotic
- Promotes healing of skin wounds
- Arthritis - anti-inflammatory effect

### ***Licorice Root Powder***

- Arthritis - helps relieve pain and stiffness
- Anti-tumor agent - helps retard growth of certain cancerous growths
- Cough remedy - helps break up bronchial congestion
- Soothes sore, hoarse throat
- Helps improve liver function
- Helps fight infection

### ***Skullcap Root Powder***

- Antispasmodic - helps relieve cramps and muscle pain due to stress/muscle tension
- Supports and strengthens the nervous system
- Calming effect on the body
- Good for reducing insomnia

### ***Fennel Seed Powder***

- Digestive aid - helps relieve cramps and gas
- Good expectorant for coughs and colds
- Helps relieve stiff, painful joints
- Women's health - mild estrogenic effect and relieves PMS and menopause

### ***Barberry Root Bark Powder***

- Helps reduce high blood pressure
- Immune stimulant
- Natural antibiotic
- Digestive aid

### ***Horsetail Rush Herb Powder***

- Good conditioner for hair and nails
- Arthritis - anti-inflammatory effect
- Helps control excess oil on skin
- Diuretic - urinary stimulant
- Helps strengthen bones