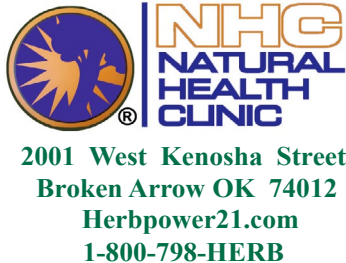


Optimal Blood Health  
to Impact  
Your Whole Body!

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**ADVANCED  
PRESSURE PLUS** 

Educational Purposes Only

**Advanced Pressure Plus** supports healthy blood pressure. By protecting against nitrite oxide degradation, healthy blood vessels result which regulates arterial health which maintains overall cardiovascular health. This in turn gives healthy support to a special group of cells that generate electrical activity. **Advanced Pressure Plus** also helps prevent coronary blockage which is important to blood and oxygen flow within the heart muscle.

#### **Just what is blood pressure?**

When your heart beats, it pumps blood around your body to give it the energy and oxygen it needs. As the blood moves, it pushes against the sides of the blood vessels. The strength of this pushing is your blood pressure. If your blood pressure is too high, it puts extra strain on your arteries (and your heart) which can lead to future health problems.

#### **What causes high blood pressure?**

For most people, there may be no single cause for their high blood pressure. We do know that your lifestyle can affect your risk of developing it. You are at a higher risk if you are dehydrated or eat too much refined salt (stripped of its minerals) or don't eat enough fruit and vegetables or are too sedentary or are overweight or drink too much alcohol or smoke. We also know that certain medications such as decongestants, steroids, pain relievers, diet pills, and birth control pills can trigger high blood pressure as a side effect.

#### **The Challenge**

Today, high blood pressure (hypertension) is one of the most prevalent health conditions facing Americans. As a major contributor to heart disease, high blood pressure has become an alarming health concern for many adults, even children, who now face increased risks to the heart: heart attack/failure; to the brain: a leading cause of strokes and linked to some forms of dementia; to the kidneys: can lead to chronic kidney disease; and to the legs: can cause peripheral arterial disease.

Fatigue and lack of energy are also prevailing health conditions facing Americans which can have a negative impact on overall health and well-being. Fatigue is known as tiredness, reduced energy, physical or mental exhaustion, or lack of motivation. Iron deficiency anemia is a common cause of fatigue in women. Why? Red blood cells carry oxygen throughout the body, with iron being a main component of these cells. Without enough iron, your body may not be getting the oxygen it needs for energy!

#### **The Solution**

**Advanced Pressure Plus** provides 100% food supplementation that supplies real food nutrients to maintain and support optimal blood health. These real food nutrients include iron and B vitamins, both vital for hemoglobin production, and vitamin C which greatly enhances absorption of iron, which naturally combats fatigue by boosting energy levels. Plus, this advanced formula is non-constipating and supports healthy blood and circulation.

### ***Pine Bark Extract***

- Improves cardiovascular health & increases circulation
- Stimulates nitric oxide production which relaxes blood vessels
- Supports healthy blood pressure, cholesterol & glucose levels
- Helps strengthen blood vessels
- Reduces leg & ankle edema
- Reduces inflammation
- Decreases fatigue

### ***Hibiscus Powder***

- Lowers blood pressure & cholesterol levels
- Increases hemoglobin levels & relieves anemia (low iron levels)
- Flavonoid rich to boost immune system
- Promotes cell renewal

### ***Hawthorne Berry***

- Combats heart & blood vessel diseases such as angina, congestive heart failure, chest pain & irregular heartbeat
- Lowers high blood pressure, reduces hardening of the arteries (atherosclerosis), & normalizes high cholesterol levels
- Improves blood flow, strengthens heart & rids body of excess salt & water
- Reduces fatigue & shortness of breath
- Improves overall health & energy levels
- Significantly improves heart function

### ***Cinnamon***

- Reduction in hypertension.
- Helps reduce the risk of heart diseases.
- Reduces sudden onset and prolonged blood pressure levels.
- Reduces blood pressure in people with diabetes.
- Reduces levels of total cholesterol, "bad" LDL cholesterol and triglycerides.

### ***Beet Root***

- Naturally nitrate rich which significantly lowers blood pressure & improves blood flow
- Assists in fat absorption & reduces chronic inflammation
- High in iron which increases energy levels
- Lowers glucose levels
- Boosts heart health

### ***Cardamom***

- Has anti-asthmatic properties
- Normalizes cholesterol levels
- Improves blood circulation
- Detoxifies the body

### ***Garlic Powder***

- Improves cholesterol by lowering LDL levels
- Can help detoxify heavy metals such as lead in the body
- Contains allicin which has potent medicinal properties
- Reduces high blood pressure
- Highly nutritious

### ***Celery Seed***

- A natural calcium channel blocker which prevents contraction of artery walls
- Helps to lower blood pressure
- Improves blood flow
- A natural diuretic

### ***Pumpkin Seed***

- Rich in heart healthy antioxidants, folate, iron, magnesium, zinc & fatty acids
- Reduces inflammation & free radical damage
- Helps control blood pressure & heart disease
- Regulates blood sugar levels
- Lowers cholesterol levels
- Improves blood flow

### ***Cayenne***

- Cleans arteries getting rid of bad LDL cholesterol & triglycerides
- Arteries, veins & capillaries regain elasticity
- Nicknamed "miracle herb" for heart health
- Helps prevent or stop heart attacks
- Helps normalize blood pressure
- Boosts peripheral circulation