



2001 West Kenosha Street
Broken Arrow OK 74012
Herbpower21.com
1-800-798-HERB

For Women Only

The Challenge

Because of the overabundance of chemical estrogens in our environment and food supply, the American woman faces more health issues than just PMS and menopause. Pesticides in food, household chemicals, plastics and even fibers in our clothing metabolize into estrogens! This results in all of her hormones getting out of balance, including progesterone and testosterone.

The standard American diet of most women lacks bio-available vital nutrients. Common prescriptions for women's health issues either just mask symptoms or cause dangerous side effects. In addition, most supplements are made from industrial chemicals and synthetic ingredients that are not bio-available. They do not resolve the problems.

The Solution

For Women Only has a proven track record of supporting and maintaining good female health. Not only does this formula contain phyto-estrogens, or plant-based estrogens which studies show are safer forms of estrogens, but also contains polyphenols and other powerful antioxidants. Plant derived iron, biotin, calcium and magnesium, EFA's, A, B complex, D, E, folic acid for fertility, selenium, and zinc are all found here in bio-available food form.

Other Benefits Include

Improves vaginal dryness • Improves low sex drive • Relieves headaches, depression and mood swings
• Aids weight loss • Addresses bladder issues • Reduces varicose veins, hair loss, hemorrhoids and hot flashes • Improves concentration • Relieves PMS, sleeplessness and breast tenderness • Decreases water retention, adrenal exhaustion and anemia • Lowers cortisol levels



Educational Purposes Only

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure or prevent any disease.

*For Women of
All Stages and Ages!*
Get For Women Only



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What is PMS?

Premenstrual Syndrome is often a disabling condition consisting of an array of symptoms that usually develop during the 7-14 days prior to menses.

Typical symptoms include:

- Decreased Energy
- Breast Tenderness
- Headache
- Backache
- Abdominal Bloating
- Fluid Retention
- Cramps
- Acne
- Depression
- Insomnia
- Irritability
- Tension

What is Menopause?

Menopause is defined as the termination of menstrual periods. It can occur naturally or can be caused surgically by a hysterectomy. Menopause usually occurs between 40 and 50 years of age. It is an indication that the body is no longer able to safely become pregnant.

When menstruation ceases and menopause begins, a woman may experience a variety of symptoms. The most common is "hot flashes." These are brief episodes of sweating that can be quite severe. A hot flash at night can cause bed sheets to become soaked with sweat in a few minutes.

Other Symptoms of Menopause

- Vaginal Dryness
- Weight Gain
- Headaches
- Dry Skin
- Increased Irritability
- Low Sex Drive
- Mood Swings
- Depression
- Loss of Concentration
- Sleeplessness
- Tiredness
- Hair Loss

The use of synthetic medications, vitamins, pain relievers or inorganic minerals does not resolve the symptoms of either PMS or menopause. But through the centuries of time, the pharmacy of nature—HERBS—has enabled the body to heal itself naturally. Herbs will feed, balance and cleanse the body, thus restoring wellness. Feed your body with life-giving nutrients and activate its own self-healing and regulating process by using our specially formulated **For Women Only**.

For Women Only Natural Ingredients

Black Cohosh Root Powder

- Plant-based estrogen—the female hormone
- Nutritional support to reduce hot flashes, to contract the uterus, and increase menstrual flow when sluggish
- A tonic for the central nervous system
- Stimulates secretions of the liver, kidneys, and lymph
- Neutralizes poisons in the blood system, equalizing circulation

Dong Quai Root Powder

- Called the Queen of all female herbs
- Nutritional support to nourish brain cells and lubricates the intestines
- Effective against almost every type of complaint of the female system
- Nourishes female glands and helps strengthen organs and muscles
- Helps rebuild blood and loosen tight muscles

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Rhodiola Rosea Powder

- Improves resistance to physical stress • Improves memory and cognitive performance • Enhances peptide activity in the brain, reducing pain and making women feel good

Squaw Vine

- Nutritional support to help strengthen the uterus • A uterine tonic, relieving uterus and ovary congestion • Antiseptic properties to help fight vaginal infections

Alfalfa Leaf Powder

- Nutritional support to help assimilate protein, calcium and other nutrients • High in chlorophyll—an excellent body cleanser, infection fighter, and natural deodorizer • Richest source of trace minerals • Helps eliminate bloating and can relieve urinary and bowel problems

Damiana Leaf Powder

- Nutritional support to balance the hormonal system and used for female disorders • One of the most popular and safest plants claimed to restore natural sexual capacities and functions • Helps to strengthen the female egg

Licorice Root Powder

- Good plant-based source of the female hormone estrogen • Nutritional support to stimulate adrenal glands to help combat stress • Helps purge the body, through the lungs, of excess fluid and decreases inflammation of the intestinal tract

Butcher's Broom Leaf Powder

- Good strengthening effects on blood vessel walls • Improves circulation to help prevent headaches, menstrual problems, hardening of the arteries, thrombosis, and varicose veins

Blessed Thistle Root Powder

- Nutritional support to help relieve cramps and other female problems • Assists in balancing hormones • Long known as a digestive and general tonic • Relieves headaches in menopausal women • Strengthens memory by bringing oxygen to the brain

Maca Root Powder

- Increases energy and stamina • Good for anemia, fertility, menopausal and menstrual problems

Myrrh Gum Powder

- Good cleansing and healing agent to stomach and colon • Supplies vitality and strength to the digestive system • Helps elimination of bodily wastes

Sarsaparilla Root Powder

- Nutritional support and valuable herb for female glandular balance • Helps increase metabolic rate • Good supply of natural, plant-based female hormone progesterone • Increases circulation to rheumatic joints • Stimulates breathing in congestion problems

Uva Ursi Leaf Powder

- Nutritional support to strengthen and tone urinary passages • Beneficial for combating bladder and kidney infections • Best known as diabetes remedy for excessive blood sugar • Helps reduce female hemorrhaging

Horse Chestnut

- High in antioxidant and astringent activity against wrinkles • High in aescin, which helps strengthen capillary cells to reduce fluid leakage • Diminishes hemorrhoids and varicose veins

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