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## Basic Household Cleaner Recipes

### Laundry Detergent

1 cup grated Fels Naptha or  
1 cup Dreft soap  
1/2 cup Borax  
1/2 cup washing soda  
Can add 1/2 cup baking soda to  
soften water & clothes.

Use 1 Tbs. per load. (Will not suds-up much.)  
Mix all & place in container or ziploc bag.

### Dishwasher Detergent

Place 1 cup baking soda in dishwasher  
soap compartment. Can add 1/4 cup  
salt to baking soda for tough food stains.

(Not for hand-washing dishes.)

OR To make concentrated soap, use  
1 cup Borax & 1/4 cup baking soda  
or washing soda. Use 1 Tbs. per load.  
Store in container or ziploc bag.

### Laundry OR Carpet Stain Remover

Put washing soda or Borax in a jar or  
container with a shaker top. Mix white  
vinegar with purified water of 1:1 ratio in  
spray bottle. Shake washing soda or Borax  
onto stain then spray vinegar/water mixture  
onto that. Use old toothbrush if necessary to  
create paste & to scrub into stain. Let sit  
10-20 minutes if possible.  
(Hydrogen peroxide can be substituted for vinegar.)

### Furniture Polish

1 cup olive oil  
2 Tbs. lemon juice  
Store in glass jar with lid.  
Moisten corner of soft dusting cloth & buff  
to clean & preserve wood.

### Hardwood Floor Cleaner

1 gal. hot water  
1/2 cup white vinegar  
2-3 drops essential oil (optional)  
Mix in bucket & wash with lightly  
moistened mop or cotton/fleece cloth.

### Vinyl & Tile Floor Cleaner

1 gal. hot water  
2 Tbs. white vinegar  
2 tsp. Dawn liquid or Castile soap  
2 Tbs. washing soda  
2-3 drops essential oil (optional)  
Mix in bucket & wash with a mop or  
soft cotton/fleece cloth.

### All-Purpose Scrub

1/4 cup baking soda  
1 Tbs. Dawn liquid or Castile soap  
Add pure water to desired consistency.  
Scrub with sponge or soft cloth. Buff dry.

### Glass & Mirror Cleaner

1 cup white vinegar

1 cup pure water

Mix & pour into spray bottle.

Moisten corner of soft cloth

& buff clean with dry part of cloth.

### All-Purpose Spray

2 cups pure water

1/2 cup white vinegar

1/2 tsp. Dawn liquid or Castile soap  
juice of 1 lemon

Mix & pour into spray bottle. Wipe clean.

### Thieves Oil

In 2 oz. bottle, mix together 1 Tbs. each of Eucalyptus, Rosemary, Cinnamon, Clove, & Lemon essential oils. Fill the rest of the bottle with olive oil.

*Original Recipe:* Oils of Wormwood, Meadowsweet, Juniper berries, Rosemary, Camphor, Sage, Cinnamon, & Clove in a base of vinegar.

## Basic Items to Have on Hand to Make Your Own Natural Cleaners

Purified water

Castile soap or Dawn liquid

Lemons for lemon juice

Borax

Super washing soda

Baking Soda

White vinegar

Essential oils

Empty containers or jars

Empty spray bottles

### Cleaning Benefits of Essential Oils

**Lemon** is great at cutting through grease and grime and as a window cleaner.

**Orange** is good for cleaning cutting boards and countertops where raw meat has been.

**Tea Tree** is anti-fungal, antiseptic, & bactericidal a wonderful germ eliminator.

A multi-use cleaner.

**Pine** makes a very effective wood floor cleaner.

**Eucalyptus** has been shown to kill dust mites. Add 25 drops to laundry detergent to clean sheets, bedding, or pillows.

**Grapefruit** is a gentle bathtub scrub that has powerful cleansing and disinfecting properties.