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GRANOLA

5 cups Granola
3 cups thick rolled oats
1/2 tsp sea salt
1/2 tsp cinnamon
Mix well

add
1 tsp vanilla
1/4 c whey
Filtered water (enough to cover oats)
Let stand at room temperature for 12 hours.
Add and mix well

1 cup dried fruit/ dried coconut
1 cup chopped crispy nuts (see recipe)
Spread on solid dehydrator trays and dehydrate for 24—48 hours.
Or place on a cookie and bake on lowest temperature until crispy. Break into bite size pieces and store in an air tight container.