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Spelt Blueberry Pancakes

1 1/4 Cups of Spelt flour

You may need to add more flour until batter is thick.

2 Teaspoons of Baking Powder

1/4 Teaspoon of Baking Soda

1/4 Teaspoon of Salt

1/2 Teaspoon of Cinnamon

1 Egg

1 Cup of Milk

1 Tablespoon of Honey

2 Tablespoons of Olive Oil

1 Teaspoon of Vanilla or Maple Flavoring

1/2 Cup of frozen Blueberries or frozen Fruit of Choice

Directions: Pre-heat pan very hot while mixing ingredients . Combine dry ingredients in one bowl and mix; combine liquid ingredients in another bowl and mix well. Then mix the dry and liquid ingredients together in one bowl. Add frozen blueberries last. When pancakes start to bubble, turn them.